



WONCA 2024

APR Conference 21 – 24 August | Singapore

In conjunction with Singapore Primary Care Conference 2024

PROGRAMME BOOK

www.wonca-apr2024.com

#WONCAAPRConference2024

#WONCAAPRC2024



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Conference Sponsors

The organisers of WONCA APR Conference 2024 would like to thank our generous sponsors:

Diamond level



AstraZeneca is a global, science-led biopharmaceutical company that focuses on the discovery, development, and commercialisation of prescription medicines in Oncology, Rare Diseases, and BioPharmaceuticals, including Cardiovascular, Renal & Metabolism, and Respiratory & Immunology. Based in Cambridge, UK, AstraZeneca operates in over 100 countries and its innovative medicines are used by millions of patients worldwide.



GSK is a global biopharma company with a purpose to unite science, technology, and talent to get ahead of disease together. We aim to positively impact the health of 2.5 billion people over the next 10 years. Our bold ambitions for patients are reflected in new commitments to growth and a step-change in performance.

Platinum level



Boehringer Ingelheim is a biopharmaceutical company active in human and animal health. As the industry's top investor in R&D, the company focuses on developing innovative therapies in areas of high unmet medical need. More than 53,500 employees serve over 130 markets to build a healthier, more sustainable, and equitable tomorrow.



At Pfizer, we apply science and our global resources to bring therapies to people that extend and improve their lives. We strive to set the standard for quality, safety and value in the discovery, development and manufacture of health care products, including medicines and vaccines.

Gold level



We are a global healthcare company founded in 1923 and headquartered outside Copenhagen, Denmark. Our purpose is to drive change to defeat serious chronic diseases, built upon our heritage in diabetes. We do so by pioneering scientific breakthroughs, expanding access to our medicines and working to prevent and ultimately cure the diseases we treat.

Silver level



Amgen is committed to unlocking the potential of biology for patients suffering from serious illnesses by discovering, developing, manufacturing and delivering innovative human therapeutics. Tools like advanced human genetics are used to unravel the complexities of disease and understand the fundamentals of human biology. A biotechnology pioneer since 1980, Amgen has grown to be one of the world's leading biotechnology companies and has reached millions of patients around the world and is developing a pipeline of medicines with breakaway potential.



A family-owned company, bioMérieux has grown to become a world leader in the field of in vitro diagnostics. Since 1963 we have provided diagnostic solutions that help healthcare professionals quickly and reliably determine a pathology and provide them with crucial information for optimal patient care.

Bronze level

accent health recruitment
 Speaking Your Language
 Jobs in New Zealand for Doctors, Nurses, Midwives & Allied Health

ACCENT Health Recruitment specialize in recruiting GPs, Family Drs and Urgent Care Drs, and medical and healthcare professionals for jobs in New Zealand. They provide doctors, nurses and healthcare professionals a personalized service to help find the dream job in New Zealand. They have short and long term jobs. They offer free assistance with immigration, registration and relocation to New Zealand.relocation to New Zealand.

 **FirebrickPharma**

Firebrick Pharma has developed the world's first broad-spectrum antimicrobial nasal spray, called Nasodine Nasal Spray. Nasodine contains povidone-iodine (0.5%) and has been shown to be safe and effective in multiple clinical trials. Nasodine is now approved for sale in Singapore as a topical antiseptic for nasal use.

**Medical
Protection** | 

With over 50 years in Singapore, Medical Protection are a team of healthcare and legal professionals that understand the ever-changing challenges faced by medical professionals and take our responsibility to members seriously. We support doctors to ensure their security and peace of mind, providing world-class defence on clinical negligence and medicolegal matters.

moderna

Moderna's mission is to deliver the greatest possible impact to people through mRNA medicines. As a pioneer leading advancements in mRNA technology, Moderna has developed medicines at unprecedented speed and efficiency, including one of the earliest and most effective COVID-19 vaccines. Moderna's mRNA platform has enabled the development of therapeutics and vaccines for infectious diseases, immuno-oncology, rare diseases and autoimmune diseases.

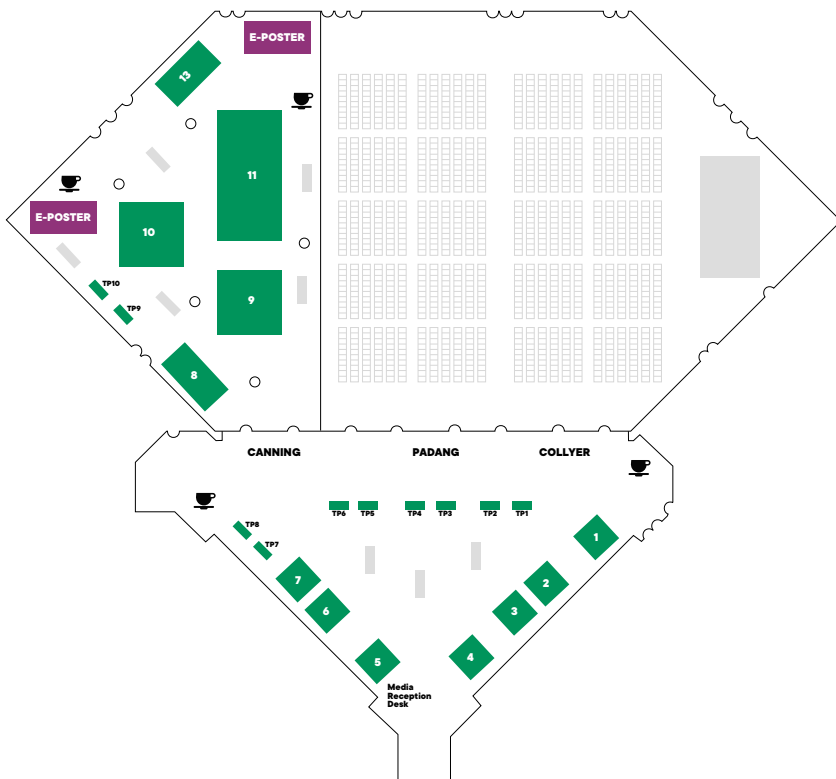
 **ZP
THERAPEUTICS**
 making healthcare more accessible

Zuellig Pharma is a leading healthcare solutions company in Asia. Our mission is to make healthcare more accessible to the communities we serve. ZP Therapeutics, a division of Zuellig Pharma, is the commercialisation partner of choice for the healthcare industry with offices in 13 Asian countries and over 2,500 associates.

Partner Organisations

WONCA APR 2024 would like to thank the following companies for their support:

1	GPSA - GPRA	TP1	Takeda
2	Business For Doctors	TP2	Sandoz (Singapore) Pte Ltd
3	Organon	TP3	Agency for Integrated Care
4	BIOMÉRIEUX	TP4	ZP Therapeutics
5	WONCA 2025	TP5	Nerva by Mindset Health
6	College of Family Physicians Singapore	TP6	Firebrick Pharma - Nasodine Nasal Spray
7	Moderna Biotech Singapore Pte Ltd	TP7	Zuellig Pharma Pte Ltd
8	Boehringer Ingelheim Singapore Pte. Ltd.	TP8	Hyphens Pharma Pte Ltd
9	AstraZeneca Singapore Pte Ltd	TP9	Accent Health Recruitment New Zealand
10	Pfizer	TP10	Medical Protection
11	GlaxoSmithKline Pte Ltd		
13	Novo Nordisk Pharma (S) Pte Ltd		



accent health recruitment
 Speaking Your Language
 Jobs in New Zealand for Doctors, Nurses, Midwives & Allied Health



AstraZeneca



COLLEGE OF FAMILY PHYSICIANS
SINGAPORE



ACCENT Health Recruitment specialize in recruiting GPs, Family Drs and Urgent Care Drs, and medical and healthcare professionals for jobs in New Zealand. They provide doctors, nurses and healthcare professionals a personalized service to help find the dream job in New Zealand. They have short and long term jobs. They offer free assistance with immigration, registration and relocation to New Zealand.
www.accent.net.nz

The Agency for Integrated Care (AIC) aims to create a vibrant care community for people to live well and age gracefully. We provide caregivers and seniors with information on staying active and ageing well, connect people to services they need, and also work with health and social care partners to provide services for the ageing population.
www.aic.sg

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www.astrazeneca.com

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www.biomerieux.com/corp/en.html

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www.boehringer-ingelheim.com

Business for Doctors is a community that supports health and medical professionals, including practitioners, practice owners, practice managers, hospital employees, contractors and final-year medical students. Our purpose is to provide members with accurate information and education on business and financial literacy. We embrace the diversity within our community, creating a rich and dynamic environment where members can learn from the collaborative knowledge of the group and industry experts.
www.businessfordoctors.com

Cheong PY, Goh LG and Ong CP are in company as Family Medicine clinicians and teachers that over 3 decades, developed tools to extend consultation to counselling if needed and when needed, by evocating, formulating and incorporating psycho-social work. A special edition of the book 'Being Human. Stories from FM' published by the College of Family Physicians Singapore, is presented to participants of WONCA APR 2024 to show-case this Art. Its companion primer, 'The Extended Consultation -Talk Matters' shows you how.
www.cfps.org.sg

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www.nasodine-sg.com



GPRA and GPSA collectively offer more than 30 years' experience supporting the learners and clinical educators involved in GP training – supplementing formal program delivery with education, tools and online platforms developed in response to the needs of these individuals who together represent the future of primary healthcare.

www.gpsa.org.au



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www.gsk.com/en-gb/locations/singapore



Hyphens Pharma focuses on the sales and marketing of specialty pharmaceutical products in selected ASEAN countries through exclusive distributorship or licensing and supply agreements with brand principals mainly from Europe and the United States. We bring in specialty pharmaceutical products around these areas such as dermatology, paediatrics and neonatology, allergy, otorhinolaryngology (ear, nose and throat), orthopaedic and rheumatology, radiology, cardiology and interventional cardiology, ophthalmology, gastroenterology, child psychiatry and family medicine.

www.hyphens.com.sg



Nerva is a gut-directed hypnotherapy program accessible to your patients via a mobile app. Lasting 15 minutes per day, the program leads them through six weeks of daily hypnotherapy, psychoeducation, and enhanced relaxation strategies (diaphragmatic breathing).

Developed by Dr. Simone Peters from Monash University and Mind+Gut Clinic, Nerva has been shown to help 71% of patients manage their symptoms in randomized control trial.

www.mindsethealth.com



With over 50 years in Singapore, Medical Protection are a team of healthcare and legal professionals that understand the ever-changing challenges faced by medical professionals and take our responsibility to members seriously. We support doctors to ensure their security and peace of mind, providing world-class defence on clinical negligence and medicolegal matters.

www.medicalprotection.org/singapore



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www.modernatx.com/en-sg



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www.novonordisk.sg



Organon, here for her health

At Organon, we are here for her health. Our goal is to be the leading women's health company in the world by focusing on women's everyday health needs. Today, our company has a portfolio of over 60 medicines and products that we deliver to patients in ~140 markets around the world. But we know there is so much we can do to support the health of women. Therefore, we will put women at the center of everything we do, striving to listen and understand her healthcare needs, big and small, to ensure we provide medicines and other products that allow her to live a better and healthier every day.

www.organon.com



At Pfizer, we apply science and our global resources to bring therapies to people that extend and improve their lives. We strive to set the standard for quality, safety and value in the discovery, development and manufacture of health care products, including medicines and vaccines.

www.pfizer.com.sg

SANDOZ

Sandoz is the leading global provider of off-patent medicines. With a comprehensive portfolio of ~1,500 products covering most major therapeutic areas and available in 100+ countries, we make a real difference for patients and healthcare systems worldwide. Our purpose of pioneering access for patients drives everything we do, from ensuring the sustainability of critical antibiotics to democratizing access to powerful biologic medicines.

www.sandoz.com



Takeda is a company committed to creating better health for people and a brighter future for the world is our purpose. The science and technology we advance are constantly evolving. But through our enduring values, our ambition remains steadfast. We strive to deliver truly transformative treatments, contributing significant value to society while creating an exceptional experience for our people. In Singapore, Takeda has a portfolio in the therapeutic areas of Gastroenterology, Oncology, Hematology, Rare Diseases and Neuroscience.

www.takeda.com



Zuellig Pharma is a leading healthcare solutions company in Asia. Our mission is to make healthcare more accessible to the communities we serve. ZP Therapeutics, a division of Zuellig Pharma, is the commercialisation partner of choice for the healthcare industry with offices in 13 Asian countries and over 2,500 associates.

www.zuelligpharma.com



"New Vision for Primary Health Care and Sustainable Development"

Join us at the 25th WONCA World 2025 in Lisbon! This event will explore innovative approaches to global health. Connect with peers, share insights, and help shape the future of primary care.

www.woncaworld2025.org



April 24th - 27th, 2025

BEXCO, Busan, Korea

Primary Care Transformation: Implementing High-Value, High-Quality Care. Join us at the WONCA Asia Pacific Regional Conference 2025 in Busan!

This pivotal event will delve into transformative strategies for primary care, emphasizing high-value and high-quality healthcare practices. Engage with leading professionals, exchange innovative ideas, and contribute to shaping the future of family medicine in the Asia Pacific region and across the world.

www.woncaworld2025.org

Welcome Message

Greetings to one and all.

On behalf of the organising committee, we are delighted to invite you to join us at the WONCA APR Conference 2024, which will be held at the Raffles City Convention Centre in Singapore from 21st to 24th August, 2024.

The Conference programme will offer both exciting educational and engaging networking opportunities amongst experts, healthcare practitioners, researchers, and peers in the field of Family Medicine. The theme for this year's Conference is "Art & Science of Family Medicine" as we aim to focus on the myriad ways of approaching and practising Family Medicine, which will enable us to provide the best all-round care for our patients. The WONCA APR Conference 2024 will be an excellent opportunity to initiate and strengthen ongoing co-operations and knowledge in the field.

Singapore, a dynamic city-state in Southeast Asia, is a captivating blend of modernity and tradition. Nestled at the southern tip of the Malay Peninsula, this global financial hub is known for its impressive skyline, multicultural society, and lush green spaces. Singapore boasts a thriving economy, world-class infrastructure, and a reputation for safety and cleanliness. We hope that you take time before or after the conference to take in all the unique experiences that Singapore has to offer, from the bustling sights and sounds of its city district, to the serenity and warmth of its heartlands.

We look forward to seeing you in Singapore in August 2024.



Dr Wong Tien Hua
President
College of Family Physicians Singapore

Organising Committee

Our Organising Committee is committed to creating a memorable and enriching experience for all attendees. With a deep understanding of Family Medicine's pivotal role in healthcare, our team is working tirelessly to ensure that WONCA APR Conference 2024 exceeds your expectations.



Dr Wong Tien Hua
President, College of Family
Physicians Singapore



CI Asst Prof Xu Bang Yu
Main Organising Committee Chairperson



A/Prof Low Lian Leng
Main Organising Committee Chairperson



Dr Seah Ee-Jin Darren
Scientific Committee Chairperson



Dr Chiang Shu Hui Grace
Scientific Committee Chairperson



Adj A/Prof Tan Tze Lee
Marketing Committee Chairperson

Conference Floor Plan

Exhibition

Fairmont ballroom (Canning Room & Foyer) - Level 4

E Poster Sessions

Fairmont ballroom (Canning Room & Foyer) - Level 4

Plenary

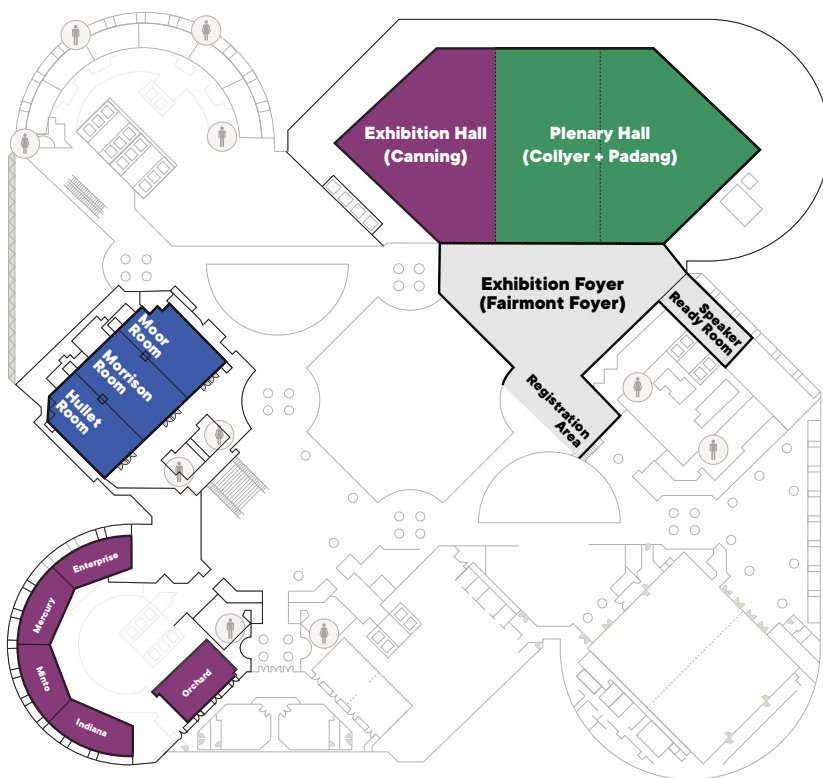
Fairmont Ballroom (Padang Room & Collyer Room) - Level 4

Main Registration

Fairmont Ballroom (Foyer) - Level 4

Breakout Sessions

Moor, Morrison, Hullet, Indiana, Minto, Mercury, Enterprise, Orchard



Raffles City Convention Centre, Singapore - Address: 80 Bras Basah Rd, Singapore 189560

CONTACT

Conference & Event Services Manager

Email:

wonca2024-fulfillment@icsevents.com
wonca2024-operations@icsevents.com

Security Duty Hotline

Cell: +65 8186 0457
Direct: +65 6431 5008



Discover Singapore

A Dynamic Blend of Modernity and Tradition

Nestled at the southern tip of the Malay Peninsula, Singapore is a captivating city-state in Southeast Asia that seamlessly blends modernity with tradition. This global financial hub is renowned for its impressive skyline, multicultural society, and lush green spaces.

Singapore boasts a thriving economy and world-class infrastructure, earning a reputation for safety and cleanliness. Its diverse culinary scene and rich cultural heritage draw visitors from around the world, making it a vibrant melting pot of cultures.

Explore iconic attractions such as Marina Bay Sands, Sentosa Island, and Gardens by the Bay. Wander through historic neighborhoods, savoring the charm of the past, or embrace cutting-edge technologies that shape the city's future. Whether you're delving into its cultural treasures or enjoying its modern marvels, Singapore offers a unique and enchanting experience for all who visit.



Pre-conference Courses

Learning Visit to Family Medicine Practice Sites

Want an overview of Singapore's healthcare landscape? Join the SingHealth (SH), Raffles Medical Group (RMG), National University Polyclinics (NUP) and the National Healthcare Group (NHG) on a learning visit to some of their Family Medicine Practice sites to find out more on what goes on behind the scenes of each healthcare organisation and get the chance to interact with healthcare professionals!

SINGHEALTH (SH)

Date: 21 August 2024, Wednesday

Time: 8:30 AM – 1:00 PM (Pick up at Grand Park City Hotel at 8:00 AM)

Programme: Visit to Punggol Polyclinic and Sengkang Community Hospital

Total slots available: 20

Price: \$50 per person

Refreshments will be provided during the programme.

NATIONAL HEALTHCARE GROUP (NHG)

Date: 21 August 2024, Wednesday

Time: 1:30 PM – 6:30 PM (Pick up at Grand Park City Hotel at 1:00 PM)

Programme: Visit to Kallang Polyclinic and Tan Tock Seng Hospital Integrated Care Hub

Total slots available: 36

Price: \$50 per person

Refreshments will be provided during the programme.

RAFFLES MEDICAL GROUP (RMG)

Date: 21 August 2024, Wednesday

Time: 1:00 PM – 4:00 PM (Pick up at Grand Park City Hotel at 12:30 PM)

Programme: Visit to the Raffles Specialist Centre and the RMG Network Units (RMRH GP Clinic, REMC, RHS, TCF South, Level 19 Garden, Doctors Lounge)

Total slots available: 30

Price: \$50 per person

Refreshments will be provided during the programme.

NATIONAL UNIVERSITY POLYCLINICS (NUP)

Date: 21 August 2024, Wednesday

Time: 1:30 PM – 4:30 PM (transport from Grand Park City Hotel at 1:00PM)

Programme: Visit to Bukit Panjang Polyclinic

Total slots available: 20

Price: \$50 per person

Refreshments will be provided during the programme.

Official Networking Events

ROCK 'N' ROLL GALA EXTRAVAGANZA!



Get ready to roll back the years and rock out at the WONCA APR Conference 2024 Gala Dinner!

Our rock 'n' roll theme promises a night of classic hits, vibrant energy, and non-stop dancing.

Dress to impress in your best rock-inspired outfits and join us for an evening of delicious food, live entertainment, and plenty of surprises.

LET'S MAKE THIS A NIGHT TO REMEMBER!



Programme at a Glance



PROGRAMME AT A GLANCE
THURSDAY
AUGUST 22, 2024



WONCA 2024
APR Conference 31 - 24 August | Singapore

Accredited for FM Core CME points. 4 CME points for each conference day (from 22 - 24 August 2024)

8:30AM	OC - Opening Ceremony ● COLL + PADANG									
9:00AM	PL01 - WONCA APR Keynote Plenary: Relationships as Tools for Change ● COLL + PADANG									
9:30AM										
10:00AM	Break AM									
10:30AM										
11:00AM	SO1 Symposium 1: From Cradle to Grave: Upstreaming Palliative Care in Primary Care	OR Oral Competition	W01 Workshops 1: Introducing Riley; Your Personalized Evidence-Based Medicine Information Literacy Chatbot	W02 Workshops 2: The Art and Science of Whole Person Care: Essentials of the Philosophy and Practice of Family Medicine	W03 Workshops 3: Engaging a New Generation of Learners in Primary-care Medical Education	SC01 Short Comms 1: New Insights Into Chronic Disease Management I	SC02 Short Comms 2: Child and Adolescent Health	SC03 Short Comms 3: The Art of Communication and Relationship Building in Family Medicine	SC04 Short Comms 4: Using Technology to Advance the Science of Medicine I	PS01 Poster Session 1
11:30AM										
12:00PM										
12:30PM	● COLL + PADANG	● Moor	● Morrison	● Hullet	● Orchard	● Enterprise	● Mercury	● Minto	● Indiana	● Exhibition Hall
	Lunch					Industry Sponsored Sessions				
1:00PM										
1:30PM										
2:00PM	IS01 Invited Symposia: It Takes a Village (SHP)	SO2 Symposium 2: Addressing Online Health Misinformation at the Primary Care and Population Health Level	W04 Workshops 4: A Model of Integrated Behavioural Health Care - Wellbeing Clinics Delivered: Focused Acceptance and Commitment Therapy in a General Practice	W05 Workshops 5: Learning and Teaching of the Art of Family Medicine Through Experiential Communication	W06 Workshops 6: Designing Research for Busy Primary Care Practices: Tips for Researchers and Clinicians	SC05 Short Comms 5: Improving Healthcare Systems	SC06 Short Comms 6: Palliative Care	SC07 Short Comms 7: Care of Older Adults I	SC08 Short Comms 8: Wellbeing and Mental Health	PS02 Poster Session 2
2:30PM										
3:00PM										
3:30PM	● COLL + PADANG	● Moor	● Morrison	● Hullet	● Orchard	● Enterprise	● Mercury	● Minto	● Indiana	● Exhibition Hall
4:00PM	Break PM									
4:30PM	PL02 - Plenary: A History of Depression Management in Primary Care: the Policies and the Evidence-based Research in Support of 'What Works, Why, When, and What Doesn't Work' ● COLL + PADANG									
5:00PM										
5:30PM	Industry Sponsored Sessions									
6:00PM										



PROGRAMME AT A GLANCE

**SATURDAY
AUGUST 24, 2024**



WONCA 2024
APR Conference 21 - 26 August | Singapore

Accredited for FM Core CME points, 4 CME points for each conference day (from 22 - 24 August 2024)

8:00AM	SC23 Short Comms 23: Value-Based Healthcare ♦ Orchard			SC24 Short Comms 24: Healthcare Delivery ♦ Enterprise		
8:30AM						
9:00AM	PL05 - Plenary/SPCC Keynote: Population Health: Experiences from Singapore ♦ COLL + PADANG					
9:30AM						
10:00AM						
10:30AM	Closing Ceremony ♦ COLL + PADANG					
	Break AM					
11:00AM	PD Panel Discussion National Healthcare Transformation: An International Perspective ♦ COLL + PADANG	S07 Symposium 7: Transforming the Primary Healthcare and Financing Landscape for Migrant Workers in Singapore ♦ Moor	S08 Symposium 8: Performing Arts Medicine for Family Physicians - Supporting Performers' Health and Wellbeing ♦ Morrison	S09 Symposium 9: Better and Safer Together ♦ Hullet	SC25 Short Comms 25: New Insights Into Chronic Disease Management III ♦ Orchard	SC26 Short Comms 26: Measuring and Improving Quality of Care in Medicine ♦ Enterprise
11:30AM	PS05 Poster Session 5 ♦ Exhibition Hall					
12:00PM						
12:30PM	Lunch					
1:00PM						
1:30PM						
2:00PM	Industry Sponsored Sessions					
2:30PM						
3:00PM	Industry Sponsored Sessions					
3:30PM						

Detailed Programme - Main

Thursday, August 22, 2024

8:30 AM -
9:00 AM

OC - Opening Ceremony

♀ COLL + PADANG

Opening Address by CFPS President

- Wong Tien Hua, Singapore

Welcome Address by WORLD WONCA President

- Karen Flegg, Australia

Speech by Guest of Honour

- Ong Ye Kung, Singapore

9:00 AM -
10:00 AM

PL01 - WONCA APR Keynote Plenary -

Relationships as Tools for Change

♀ COLL + PADANG

Session Chair

- Darren Seah, Singapore

Relationships as Tools for Change

- Danielle Martin, Canada

10:45 AM -
12:30 PM

OR - Oral Competition

♀ Moor

Judges/Session Chairs

- Chirk Jenn Ng, Singapore
- Jo-Anne Manski-Nankervis, Singapore
- Jose Maria Valderas Martinez, Singapore

Influence of Body Fat Mass on Bone Mineral

Density: a Cross-sectional Study and a

Mendelian Randomization Study

- Yujun Qin, China

Using FIB-4 score to Screen Primary Care

Patients for Advanced Liver Fibrosis

- Tongyuan Chen, Singapore

China's Revitalized Primary Care and Its Impact

on Triple Aims for Chronic Diseases Patients: A

Retrospective Cohort Study

- Yang Wang, China

Nerva Digital Therapeutic: A Catalyst for

Alleviating Symptoms in Irritable Bowel

Syndrome Patients through Primary Care

Provider Referral.

- Simone Peters, Australia

The Clinical Effectiveness of Virtual Reality (VR)-

Assisted Tai Chi in Chronic Musculoskeletal Pain: A

Randomized Clinical Trial

- Regina Sit, Hong Kong SAR, China

Predictive Modeling and Risk Assessment of

Assisted Reproductive Therapy Outcomes Using

Machine Learning Techniques

- Jian Jia, China

The Chinese Version of Patient Experience with

Treatment and Self-management: Translation

and Validation in Patients with Multimorbidity in

Primary Care

- Zijun Xu, Hong Kong SAR, China

Association of healthy lifestyle behaviours

with incident irritable bowel syndrome: A large

populationbased prospective cohort study

- Fai Fai Ho, Hong Kong SAR, China

10:45 AM -
12:30 PM

S01 - Symposium 1: From Cradle to Grave;

Upstreaming Palliative Care in Primary Care

♀ COLL + PADANG

Facilitator

- Raymond Ng, Singapore

Palliative Care in Primary Care; What We Learnt

in the UK

- Kung Jian Ming, Singapore

Palliative Care in Primary Care; What We Learnt

in Australia

- Wong Wei Teen, Singapore

Attitudes, knowledge and practices of Primary

Care Physicians in Singapore in Palliative Care

- Yu Ke, Singapore

Panelists

- Raymond Ng, Singapore
- Huinan Yeo, Singapore
- Victoria Wong, Singapore
- Kung Jian Ming, Singapore
- Wong Wei Teen, Singapore
- Yu Ke, Singapore

10:45 AM -
12:30 PM

W01 - Workshops 1: Introducing Riley: Your

Personalized Evidence-Based Medicine

Information Literacy Chatbot

♀ Morrison

- Rebecca David, Singapore
- Lee Eng Sing, Singapore

10:45 AM -
12:30 PM

W02 - Workshops 2: The Art and Science of

Whole Person Care: Essentials of the Philosophy

and Practice of Family Medicine

♀ Hullett

- Johanna Lynch, Australia

10:45 AM -
12:30 PM

W03 - Workshops 3: Engaging a New Generation

of Learners in Primary-care Medical Education

♀ Orchard

Introduction & Generational Self-assessment

- Teck Yee Wong, Singapore

Brief Overview of Generational Theory

- Teck Yee Wong, Singapore

Discussion of How Generational Theory Can Be

Applied to FM Education & Its Limitations

- Wern Tang, Singapore

Case Scenarios Followed by Discussion:

Educational Strategies to Manage Gen Z

Learners

- Teck Yee Wong, Singapore
- Wern Tang, Singapore

1:45 PM -
3:30 PM

ISO1 - Invited Symposia: It Takes a Village (SHP)

♀ COLL + PADANG

Session Chair

- Pei Lin Hu, Singapore

Family Nexus and the Integrated Maternal and Child Wellness Hub

- Xiaoxuan Guo, Singapore

Value Driven Care - Making a Difference

- Mun Hong Chow, Singapore

Telehealth Service for Seniors (THESS)

- Brindha Balakrishnan, Singapore

1:45 PM -
3:30 PM

W06 - Workshops 6: Designing Research for Busy Primary Care Practices: Tips for Researchers and Clinicians

♀ Orchard

Welcome & Introductions

- Wern Tang, Singapore

Strategies for Designing and Conducting Research in Primary Care

- Wern Tang, Singapore

Interactive Group Activity: Apply the SWOT Analysis

- Shu Yun Tan, Singapore

Using Data From Electronic Health Records for Research

- Poay Sian Sabrina Lee, Singapore

Interactive Group Activity: - Pros and Cons of Using EHR - How to Harness EHR Data for Research, Statistical Methods

- Shu Yun Tan, Singapore

Project Management and Recruitment Strategies for Research in Primary Care

- Huili Koh, Singapore

Interactive Group Activity: - Scenarios - Discuss the Challenges Faced and Possible Solutions

- Shu Yun Tan, Singapore

Closing

- Wern Tang, Singapore

1:45 PM -
3:30 PM

S02 - Symposium 2: Addressing Online Health Misinformation at the Primary Care and Population Health Level

♀ Moor

Introduction

- Chirk Jenn Ng, Singapore

Health Literacy, eHealth Literacy and Impacts of Health Information

- Adina Abdullah, Malaysia

Online misinformation in population health communication

- Edmund Wei Jian Lee, Singapore

How to Communicate About Online Health

Online Misinformation in Population Health

- Hooi Min Lim, Malaysia

4:00 PM -
5:00 PM

W04 - Workshops 4: A Model of Integrated Behavioural Health Care – Wellbeing Clinician Delivered Focussed Acceptance and Commitment Therapy in a General Practice

♀ Morrison

Key Models of Integrated Care Used Internationally to Integrate Mental Health With General Practice

- Paul Fung, Australia

Applying an Integrated Care Model to Participants' Own Practice

- Phoebe Holdenson Kimura, Australia

1:45 PM -
3:30 PM

W05 - Workshops 5: Learning and Teaching of the Art of Family Medicine Through Experiential Communication

♀ Hullet

Vignette 1 - Non-compliance and Vignette 2 - Social isolation

- Pak Yean Cheong, Singapore

Learning & Teaching Art of FM

- Lee Gan Goh, Singapore

PL02 - Plenary: A History of Depression Management in Primary Care: the Policies and the Evidence-based Research in Support of 'What Works, Why, When, and What Doesn't Work'

♀ COLL + PADANG

Session Chair

- Grace Chiang, Singapore

A History of Depression Management in Primary Care: the Policies and the Evidence-based Research in Support of 'What Works, Why, When, and What Doesn't Work'

- Jane Gunn, Australia

Friday, August 23, 2024

8:00 AM -
9:00 AM

LC - Leadership Conversations: The Art and Science of Family Medicine

♀ COLL + PADANG

WONCA APR President's Speech & WONCA

5-Star Doctor Award

- Brian Chang, Taiwan

Chair and Facilitator

- S Suraj Kumar, Singapore

Fireside Chat

- Karen Flegg, Australia
- Brian Chang, Taiwan
- Wong Tien Hua, Singapore

8:00 AM -
9:00 AM

S03 - Symposium 3: Diabetes

♀ Morrison

Session Chair

- Aminath Shiwaza Moosa, Singapore
- Adina Abdullah, Malaysia

Enhancing Health Outcomes and Cost

Effectiveness: The Adoption of a Novel Telemonitoring System (OPTIMUM) for Patients with Type-2 Diabetes Mellitus

- Lee Cia Sin, Singapore

Sensitivity and Specificity of Common Predictive Models for Undiagnosed Diabetes Mellitus and Prediabetes Defined by hbA1c in a Chinese Population

- Eric Kam-Pui Lee, Hong Kong SAR, China

Type 2 Diabetes Remission in Primary Care

- Wern Tang, Singapore
- Ian Jan Ming Koh, Singapore

8:00 AM -
9:00 AM

S04 - Symposium 4: HSG

♀ Hullet

Session Chair

- Tat Yean Tham, Singapore
- Han Kwee Ho, Singapore

The Future of Singapore Primary Care: Healthier SG and Beyond

- Choon Kit Leong, Singapore

The Role of Family Medicine in Healthier SG in Singapore Through the Lens of Primary Health Care: Challenges and Opportunities

- Jose Maria Valderas Martinez, Singapore

Placed-based Care to Support Aging in Place

- Michael Wong, Singapore

9:00 AM -
10:00 AM

PL03 - Plenary: Working In a World With AI

♀ COLL + PADANG

Session Chair

- Chirk Jenn Ng, Singapore

Working in a World with AI

- Enrico Coiera, Australia

10:45 AM -
12:30 PM

IS02 - Invited Symposia: Activating Populations for Better Health (NHG)

♀ COLL + PADANG

Session Chair

- Kok Wai Kee, Singapore

Patient Activation Through Conversation Among Poorly Controlled Diabetes

- Sabrina Wong, Singapore

Frailty Prevention in the Community

- David Ng, Singapore

Beyond Medicine: Care for Patients, Tying in Social Prescriptions?

- Valerie Hui Ying Teo, Singapore

10:45 AM -
12:30 PM

S05 - Symposium 5: Shaping the Future of Healthcare: The Taipei City Hospital Experience in Aging, Disease Prevention, and Integrated Care Solutions

♀ Moor

An Introduction to Taipei City Hospital:

Background, Mission, and Operations

- Jason Jiunshiou Lee, Taiwan

Shaping the Future of Healthcare

- Mei-Hsing Chuang, Taiwan

Applying Digital Twins in Colorectal Cancer Prevention

- Sin-Ning Li, Taiwan

Enhancing Integrated Care of Older People with Digital Twin Model

- Hao-Jen Lo, Taiwan

An Analysis of Elderly Characteristics in a

Community Hospital via the Icope Screening Tool

- Jui-Chuan Chen, Taiwan

Family Physicians Assisting in Integrated Post-acute Care

- Yi-Hsuan Shen, Taiwan

The Healthcare Quality of Homebound Patients

Receiving Home Health Care in Taiwan

- Lin-Ya Huang, Taiwan

10:45 AM -
12:30 PM

W07 - Workshops 7: AI and the Artful

Acceleration of Your Consultations

♀ Morrison

- Jagdeesh Singh Dhaliwal, Australia

10:45 AM -
12:30 PM

WO8 - Workshops 8: Singapore-Japan Kaizen Workshop for Healthcare Practitioners

📍 **Hullet**

Introduction to Lean

- Miwa Kudo, Japan

Applying Lean at Our Institutions - Singapore Example

- Yuan Tying Shim, Singapore
- Matthew Hooi, Singapore

Applying Lean at Our Institutions - Japan Example

- Masahiko Ogasawara, Japan
- Hikotaro Hashimoto, Japan

"Performing Your First Tango With Kaizen",

Workshop for Groups to Their Clinic/Institutions and Share What They Can Do.

- Yasuhiro Osugi, Japan
- Shin Yoshida, Japan
- Sae Tsuchida, Japan
- Simon, Jian Chong Ong, Singapore

Closing remarks

- Yoshihisa Honda, Japan
- Boon Yeow Tan, Singapore

1:45 PM -
3:30 PM

SO6 - Symposium 6: Developing an ASEAN Primary Care Research Excellence Framework (APREF)

📍 **Moor**

Purpose, Concept, Matrix for Evaluation and Report

- Ngia Chuan Tan, Singapore

Research Evaluation Framework (Ref) in Developed Countries

- Galih Kunarso, Singapore

REF in Singapore

- Shih Ying Gun, Singapore

REF in Malaysia

- Boon How Chew, Malaysia

REF in Indonesia

- Indah Suci Widyahening, Indonesia

REF in Thailand

- Apichai Wattanapisit, Thailand

Proposed Asean Primary Care Research Excellence Framework (Apref) - Open Forum and Panel Q&A With Audience

- Chirk Jenn Ng, Singapore

10:45 AM -
12:30 PM

WO9 - Workshops 9: Primary Care Innovations & Research

📍 **Orchard**

Session Chair

- Ping Yein Lee, Malaysia

Stakeholder Engagement in Global Health Research

- Hani Salim, Malaysia

Talk

- Siti Nurkamilla Ramdhan, Malaysia

Small Group Discussion

- Verna Lee, Malaysia
- Noor Azimah Muhammad, Malaysia
- Subashini Ambigapathy, Malaysia
- Ping Foo Wong, Malaysia

1:45 PM -
3:30 PM

W10 - Workshops 10: Translating Evidence-based Mental Health Priorities into Practice in the Primary Care Setting: Australian and Singapore Perspectives

📍 **Morrison**

Session Chair

- Gerald Koh, Singapore

Understanding of the Evidence-Based Research Around Depression Management in the Primary Care Setting From the Australia Perspective From the Lens of a GP, Researcher and Dean

- Jane Gunn, Australia

Sharing on Singapore's National Mental Health and Well-being Strategy & Digital Mental Health Initiatives

- Weng Mooi Tan, Singapore

Sharing on Community Mental Health & GP Partnerships in Singapore

- Rebecca Chong, Singapore

Sharing on Challenges Managing Mental Health Patients in Singapore

- Winnie Soon, Singapore
- James Siew Meng Cheong, Singapore

1:45 PM -
3:30 PM

ISO3 - Invited Symposia: Transforming the Model of Care in the Community (NUHS)

📍 **COLL + PADANG**

Session Chair

- Meena Sundram, Singapore

Association Between Modes of Chronic Diseases Management and Experiences and Outcomes of Care in Singapore: Results of a Household Study

- Jose Maria Valderas Martinez, Singapore

NUP Care Model- Looking to 2030

- David HY Tan, Singapore

Managing the Private Sector- From the Perspective of a Regional Health Manager

- Richard Hui, Singapore

1:45 PM -
3:30 PM

W11 - Workshops 11: From Local Impact to National Reach: Primary Care Assessment Mastery

📍 **Hullet**

Demonstration of Various Tools Used in Primary Care Assessment

- Hathaitip Tumviriyakul, Thailand

Discussion for Interpreting Results, Identifying Improvement Areas, and Implementing Strategic Interventions Based on Presented Research Results at the District Level by Small Groups

- Sorawat Sangkaew, Thailand

Showcase of Steps and Challenges in Scaling up a Primary Care Assessment Research Project Across a Country (Case Study and Reflection)

- Sairat Noknoy, Thailand

1:45 PM -
3:30 PM

W12 - Workshops 12: WONCA SIG Ageing and Health: Improving Health Through Active Ageing
📍 Orchard

Session Chair

- Constance Pond, Australia

Talk 1

- Mohd Fairuz bin Ali, Malaysia

Talk 2

- Kheng Hock Lee, Singapore

Talk 3

- Cheridine Oro- Josef, Philippines

Talk 4

- Louise Robinson, United Kingdom

Talk 5

- Ruth Teh, New Zealand

4:00 PM -
5:00 PM

PL04 - Plenary: Sustainable Primary Healthcare
📍 COLL + PADANG

Session Chair

- Jose Maria Valderas Martinez, Singapore

Sustainable Primary Healthcare

- Catherine Pendrey, Australia

5:00 PM -
6:00 PM

W13 - Workshops 13: Brainstorming Process on Core Values and Definition of Family Medicine in Asia Pacific Region
📍 COLL + PADANG

Introduction to WONCA Core Value Project and Study Proposal

- Sairat Noknoy, Thailand

South East Asia and Pacific Member Organizations' Core Value Statement

- Leilanie Nicodemus, Philippines

East Asia Member Organizations' Core Value Statement

- Harry H X Wang, China

Reflection of Key Findings From Asia Pacific MOs Core Value

- Johanna Lynch, Australia

5:00 PM -
6:00 PM

W14 - Workshops 14: Cultural Sensitivity in Intimate Partner Violence Intervention: A Global Perspective
📍 Moor

How Victims Present to Health Facilities

- Elizabeth Reji, South Africa

Challenges in Identifying and Asking About Abuse

- Amanda Bernard, Australia

Cultural Challenges in IPV Intervention

- Sajaratulnisah Othman, Malaysia

WHO LIVES Framework

- Jennifer Neil, Australia

5:00 PM -
6:00 PM

W15 - Workshops 15: Strategies for Engaging Children and Adolescents in Primary Healthcare
📍 Morrison

- Andrew Leech, Australia

5:00 PM -
6:00 PM

W16 - Workshops 16: A Hairly Conundrum: An approach to hair loss disorders in general practice
📍 Hullet

- Anneliese Willems, Australia

5:00 PM -
6:00 PM

W17 - Workshops 17: Diagnostic Reasoning on Stage
📍 Orchard

Discussant

- Taro Shimizu, Japan

Presenter

- Lee Gan Goh, Singapore

5:00 PM -
6:00 PM

W18 - Workshops 18: Endometriosis: An Australian General Practice Update on Challenges of Assessment and Management
📍 Enterprise

Talks

- Ramya Raman, Australia

- Emilie Pitter, Australia

- Andrew Leech, Australia

Discussion

- Alyx Robinson, Australia

- Ramya Raman, Australia

- Emilie Pitter, Australia

- Andrew Leech, Australia

5:00 PM -
6:00 PM

W19 - Workshops 19: Advancing Antimicrobial Stewardship (ASP) in Primary Care in Singapore: Challenges and Opportunities
📍 Mercury

Session Chair

- Victor Loh, Singapore

Overview of Primary Care Asp: What Is Ams, Objectives, Challenges in Primary Care, What Has Been Tried in Primary Care, What Doesn't Work, What Might Work

- Victor Loh, Singapore

Case Discussion of UTI and Discussion on MOH Ace UTI Guidelines

- Sky Wei Chee Koh, Singapore

Strategies and Opportunities for Primary Care ASP: Delayed Prescribing, Academic Feedback, Point-Of-Care-Testing

- Choon Kit Leong, Singapore

5:00 PM -
6:00 PM

W20 - Workshops 20: Navigating the Future: Micro-Legal Challenges of AI & The Role of Professional Indemnity for Doctors
📍 Minto

Talk 1

- Uzair Sidek, Malaysia

Talk 2

- Hsu Hsien Tham, Singapore

Saturday, August 24, 2024

9:00 AM - 10:10 AM	PL05 - Plenary/SPCC Keynote: Population Health: Experiences from Singapore ♀ COLL + PADANG Session Chair <ul style="list-style-type: none"> • Lee Eng Sing, Singapore Translating Research from Discovery to Bedside to Population and Society for Impact <ul style="list-style-type: none"> • Low Lian Leng, Singapore Healthier SG: Lessons so Far <ul style="list-style-type: none"> • Gerald Koh, Singapore 	10:45 AM - 12:30 PM	S07 - Symposium 7: Transforming the Primary Healthcare and Financing Landscape for Migrant Workers in Singapore ♀ Moor The Primary Care System for Migrant Workers in Singapore - From Design Thinking to Practice <ul style="list-style-type: none"> • Halina Talib, Singapore Insights in Delivering Primary Care for Migrant Workers: Perspective of Medical Provider: St Andrew's Migrant Worker Medical Centre <ul style="list-style-type: none"> • Matthias Wee, Singapore Quality Assurance Framework for the Primary Care System for Migrant Workers <ul style="list-style-type: none"> • Foong Ee Khoong, Singapore
10:10 AM - 10:30 AM	Closing Ceremony Closing Remarks <ul style="list-style-type: none"> • 10:10 AM - 10:15 AM Prize Presentation for Oral Presentation Winners <ul style="list-style-type: none"> • 10:15 AM - 10:20 AM Spotlight on WONCA Europe Conference Dublin 2024 & WONCA World Conference Lisbon 2025 <ul style="list-style-type: none"> • 10:20 AM - 10:25 AM 	10:45 AM - 12:30 PM	S08 - Symposium 8: Performing Arts Medicine for Family Physicians - Supporting Performers' Health and Wellbeing ♀ Morrison The Show Must Go On - A Spotlight on Performing Artists' Health and Wellbeing <ul style="list-style-type: none"> • June Sheren, Singapore "What Do You Really Do?" <ul style="list-style-type: none"> • Frank De Meglio, Singapore Conducting Collaboration: Leading with Harmony and Soul <ul style="list-style-type: none"> • Jason Lai, Singapore
10:45 AM - 12:30 PM	PD - Panel Discussion - National Healthcare Transformation: An International Perspective ♀ COLL + PADANG Chair and Facilitator <ul style="list-style-type: none"> • S Suraj Kumar, Singapore Panelist <ul style="list-style-type: none"> • Harry H X Wang, China • Andrew Farmer, United Kingdom • Gerald Koh, Singapore • Catherine Pendrey, Australia • Danielle Martin, Canada 	10:45 AM - 12:30 PM	S09 - Symposium 9: Better and Safer Together ♀ Hullet Session Chair <ul style="list-style-type: none"> • Mun Hong Chow, Singapore Helping Good People Succeed <ul style="list-style-type: none"> • Lim Hwee Boon, Singapore Improving Patient Care Every Day <ul style="list-style-type: none"> • Yew Cheong Tung, Singapore Insights on Patient and Family Engagement Interventions on Patient Safety in Primary Care <ul style="list-style-type: none"> • Jose Maria Valderas Martinez, Singapore

Detailed Programme - Oral

Thursday, August 22, 2024

10:45 AM - 12:30 PM	SC01 - Short Comms 1: New Insights Into Chronic Disease Management I ♀ Enterprise	1:45 PM - 3:30 PM	SC05 - Short Comms 5: Improving Healthcare Systems ♀ Enterprise
10:45 AM - 12:30 PM	SC02 - Short Comms 2: Child and Adolescent Health ♀ Mercury	1:45 PM - 3:30 PM	SC06 - Short Comms 6: Palliative Care ♀ Mercury
10:45 AM - 12:30 PM	SC03 - Short Comms 3: The Art of Communication and Relationship Building in Family Medicine ♀ Minto	1:45 PM - 3:30 PM	SC07 - Short Comms 7: Care of Older Adults I ♀ Minto
10:45 AM - 12:30 PM	SC04 - Short Comms 4: Using Technology to Advance the Science of Medicine I ♀ Indiana	1:45 PM - 3:30 PM	SC08 - Short Comms 8: Wellbeing and Mental Health ♀ Indiana

Friday, August 23, 2024

8:00 AM - **SC09 - Short Comms 9: Infectious Diseases**
 9:00 AM | ♡ Moor

8:00 AM - **SC10 - Short Comms 10: Women's Health**
 9:00 AM | ♡ Orchard

8:00 AM - **SC11 - Short Comms 11: Training and Medical Education**
 9:00 AM | ♡ Enterprise

8:00 AM - **SC12 - Short Comms 12: Research and Innovation**
 9:00 AM | ♡ Mercury

8:00 AM - **SC13 - Short Comms 13: Cancer Care**
 9:00 AM | ♡ Minto

8:00 AM - **SC14 - Short Comms 14: Complementary and Alternative Medicine**
 9:00 AM | ♡ Indiana

10:45 AM - **SC15 - Short Comms 15: New Insights Into Chronic Disease Management II**
 12:30 PM | ♡ Enterprise

10:45 AM - **SC16 - Short Comms 16: Bringing Care to the Community**
 12:30 PM | ♡ Mercury

10:45 AM - **SC17 - Short Comms 17: Care of Older Adults II**
 12:30 PM | ♡ Minto

10:45 AM - **SC18 - Short Comms 18: Maternal Health**
 12:30 PM | ♡ Indiana

1:45 PM - **SC19 - Short Comms 19: Using Technology to Advance the Science of Medicine II**
 3:30 PM | ♡ Enterprise

1:45 PM - **SC20 - Short Comms 20: Lifestyle Medicine; Combating Obesity**
 3:30 PM | ♡ Mercury

1:45 PM - **SC21 - Short Comms 21: Clinical Care: Common Conditions Seen in GP Practice**
 3:30 PM | ♡ Minto

1:45 PM - **SC22 - Short Comms 22: Patient and Family Care in Family Medicine**
 3:30 PM | ♡ Indiana

Saturday, August 24, 2024

8:00 AM - **SC23 - Short Comms 23: Value-Based Healthcare**
 9:00 AM | ♡ Orchard

8:00 AM - **SC24 - Short Comms 24: Healthcare Delivery**
 9:00 AM | ♡ Enterprise

10:45 AM - **SC25 - Short Comms 25: New Insights Into Chronic Disease Management III**
 12:30 PM | ♡ Orchard

10:45 AM - **SC26 - Short Comms 26: Measuring and Improving Quality of Care in Medicine**
 12:30 PM | ♡ Enterprise

Detailed Programme - Poster

Thursday, August 22, 2024

10:45 AM - **PS01 - Poster Session 1**
 12:30 PM | ♡ Exhibition Hall

1:45 PM - **PS02 - Poster Session 2**
 3:30 PM | ♡ Exhibition Hall

Friday, August 23, 2024

10:45 AM - **PS03 - Poster Session 3**
 12:30 PM | ♡ Exhibition Hall

1:45 PM - **PS04 - Poster Session 4**
 3:30 PM | ♡ Exhibition Hall

Saturday, August 24, 2024

10:45 AM - **PS05 - Poster Session 5**
 12:30 PM | ♡ Exhibition Hall

Conference Summary of Events

Summary of must know: On-site Registration Hours, Exhibit Hall Hours, Speaker Preview Room Hours, Networking Events, Networking Breaks and Poster viewing, Poster Sessions

 ON-SITE REGISTRATION THURSDAY AUGUST 22, 2024 7:00 AM - 5:00 PM FRIDAY AUGUST 23, 2024 7:00 AM - 5:00 PM SATURDAY AUGUST 24, 2024 8:00 AM - 4:00 PM	 EXHIBIT HALL THURSDAY AUGUST 22, 2024 7:00 AM - 5:00 PM FRIDAY AUGUST 23, 2024 7:00 AM - 5:00 PM SATURDAY AUGUST 24, 2024 8:00 AM - 4:00 PM	SPEAKER READY ROOM THURSDAY AUGUST 22, 2024 7:00 AM - 5:00 PM FRIDAY AUGUST 23, 2024 7:00 AM - 5:00 PM SATURDAY AUGUST 24, 2024 8:00 AM - 4:00 PM
WELCOME RECEPTION THURSDAY AUGUST 22, 2024 7:00 AM - 5:00 PM	 E-POSTER SESSIONS THURSDAY AUGUST 22, 2024 10:45 AM - 12:30 PM (SESSION 1), 1:45 PM - 3:30 PM (SESSION 2) FRIDAY AUGUST 23, 2024 10:45 AM - 12:30 PM (SESSION 3), 1:45 PM - 3:30 PM (SESSION 4) SATURDAY AUGUST 24, 2024 10:45 AM - 12:30 PM (SESSION 5)	
INDUSTRY SYMPOSIUM SESSIONS THURSDAY AUGUST 22, 2024 12:30 PM - 1:30 PM 5:00 PM - 6:00 PM FRIDAY AUGUST 23, 2024 12:30 PM - 1:30 PM SATURDAY AUGUST 24, 2024 1:30 PM - 2:30 PM 2:30 PM - 3:30 PM	GALA DINNER This event is available only for attendees who have purchased their ticket(s) at the time of registration. Location: SKAI Suites (Level 69 of Swissôtel The Stamford) Dress Code: Rock & Roll FRIDAY AUGUST 23, 2024 7:00 PM - 9:30 PM	

General Conference Information

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NURSING ROOM

Basement 1 (next to restrooms near Marks & Spencer, #B1-44E and Crumpler, #B1-23)

Level 3 (next to restrooms near PS. Cafe #03-37)

Key features: Hot and cold water dispenser, baby diaper dispenser, sofa and nursing rooms with electrical point



PRAYER ROOM

Level 2 (near the escalators to Swissotel lobby)



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Password: wonca2024